

## Chief Iaido Instructor at the Chudokan



Kevin Blok Sensei began his martial arts training in 1967 and was a direct student of Gozo Shioda Sensei. He is currently one of the

highest ranked Canadians in Aikido and one of very few full-time instructors in North America.

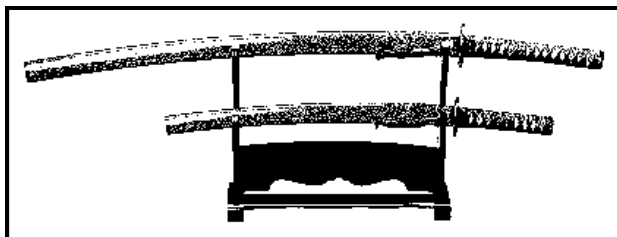
Blok Sensei is currently the Chief Instructor at the Chudokan Dojo. He also teaches self-defense and control tactics courses (which he developed) and gives motivational seminars to law enforcement and security personnel throughout North America and Europe.

He was the chief defensive tactics instructor for the Canadian Police College, Ottawa under the direction of the Royal Canadian Mounted Police (R.C.M.P.). He was also decorated by the Governor General of Canada with the Canada 125 medal for "service to Canada and Canadians". Blok Sensei oversees more than 25 dojos (training sites) in North America via the Chudokai Aikido Federation International, of which he is the founder and chairman.

In 1993, Blok Sensei was promoted to Aikido Yoshinkai 6th Dan (black belt) by founder Gozo Shioda Sensei and awarded the highest grade international teaching license. The Chudokan was also the first dojo registered as a branch school of the Yoshinkan headquarters in Tokyo, Japan. In 2007, Blok Sensei was promoted to 7th Dan in Yoshinkai Aikido by the headquarters school in Japan.

In 1997 Blok Sensei was promoted to Shihan (master instructor) and 7th Dan by the World Kobudo Federation (W.K.F.) and made their director of Aikido. The W.K.F. is an international martial arts organization of more than 20,000 members in over 30 countries. In 2005, Blok Sensei was promoted to 8th Dan with the WKF and awarded the title Kyoshi, "senior master instructor."

In 2009, Blok Sensei was promoted by Roger Jarrett Sensei to 3<sup>rd</sup> Dan in Iai-Tate-Do and is the chief instructor of Iaido at the Chudokan .



### **AIKIDO CANADA**

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## What is Iaido?

Iaido is the art of drawing the sword, cutting, and returning the sword to its scabbard. Iaido does not include direct competition or sparring of any kind. Because of this non-competitive aspect, and Iaido's emphasis on precise, controlled, fluid motion, it is sometimes referred to as "moving zen."

The practice of Iaido is a great approach to finding an appreciation for the here and now, battling an imaginary individual or individuals, becoming one with the sword and using meditation in motion.

The best Iaido is practiced in front of a mirror. Within your reflection you will find your greatest enemy.

### What is Iai Tate Do?

Iai Tate Do literally translates as the way of mental presence coming together in the battlefield. It is the culmination of a number of traditional Koryu or traditional Japanese school of martial arts. This culmination includes such Koryu as Omori-ryu and Muso Jikiden Eishin-ryu. However, Iai Tate Do is mainly based on the Kashima Shinto-ryu and Suio-ryu systems.

Kashima Shinto-ryu was founded by Tsukahara Bokuden in the late

Muromachi period of Japan (circa 1530). Due to its formation during the tumultuous Sengoku Jidai, a time of feudal war, the school's techniques are based on battlefield experience and revolve around finding weak points in the opponent's armor.

Suio-ryu was founded by Mima Yoichizaemon Kagenobu in the early Edo period (circa 1615). Yoichizaemon's perseverance in both his physical and spiritual training led to his eventual enlightenment. In his twentieth year of exertions he was struck with a vision of white gulls floating effortlessly and without conscious thought on water. He realized he could now use his sword in the same effortless manner. Based on this vision, the birth of Suio-ryu or Water Gull Sword style arose.



### History of Iai Tate Do

Iai Tate Do was founded by Kiyoshi Yamazaki Sensei, a dedicated martial artist with a lifetime of experience in a number of martial arts.

Yamazaki Sensei found himself attracted by producers in Hollywood and as a result, he has served as a technical advisor, instructor and even acted in several movies. Some of his celebrity students include Arnold Schwarzenegger, Sting, Richard Hatch, Sandra Bergman, Wilt Chamberlain, Bridget Nelson

and Grace Jones. Some of Kiyoshi Yamazaki's big screen credits include movies such as "Dragon Heart" and "Conan The Barbarian."

With Kiyoshi Yamazaki's busy schedule, he appointed top student Roger Jarrett Sensei to take charge of the International Iai Tate Do Federation.



Master Roger Jarrett has over 40 years experience of studying, teaching, training and competing in the martial arts. Throughout those years, he has sought out and

trained with some of the foremost martial arts experts in the world. A former National Champion and Karate All-American himself, he has trained numerous national, international, and world Karate champions. He now travels the world refereeing, coaching, training, and teaching.

Jarrett Sensei is also the President and Chief Instructor for many martial arts organizations including: USA Martial Arts Training Centers, USA Martial Arts Federation, Chong Shin Tae Kwon Do Karate Association, USA Aikido Association, USA Judo/Jujitsu Association, USA Iaido Shoshin Ryu and the International Iai-Tate Do Federation.